



INSCRIPTION RENTRÉE 2026/2027

SAINT-DIDIER-DE-BIZONNES

LES MARDIS

9H - 10H

YOGA DOUX
YIN YOGA



10H15 - 11H15

PILATES



18H30 - 19H30

YOGA
VINYASA



19H45 - 20H45

PILATES



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